

Guide to: Living well in retirement.

For many people, retirement brings greater flexibility and new opportunities to enjoy life, stay connected and continue contributing in meaningful ways.

Daily routine.



Many retirees develop new routines that support their wellbeing and provide purpose. Establishing regular habits can help bring structure, balance and enjoyment to each day.

Staying connected.



Family, friends, church, community groups and shared interests often become an important part of retirement. Nurturing these connections can support your wellbeing and enrich your retirement years.

Continuing to learn.



Some people discover new hobbies, interests or learning opportunities during retirement. Staying curious and open to new experiences can keep your mind active and life engaging.

Trying something new.



Retirement can be an opportunity to do things you've always wanted to try but never had time for. Whether it's travelling, joining a club, learning a skill or taking on a new challenge, it's never too late to start something new.

Enjoying retirement.



Retirement can be a time to enjoy the experiences, interests and opportunities that years of planning have made possible. Taking time to appreciate this new stage of life is an important part of living well.

A lasting legacy.



For many people, the greatest legacy comes through the relationships they build, the values they share and the lives they influence. The example you set each day can leave a lasting impact on those around you.



To explore further, visit the website to find:

- How people start getting their documents in order.
- How NZ Superannuation fits alongside your savings.
- A checklist to help you get ready, at your own pace.

Visit for simple guides,
checklists and next steps.

www.angfincare.nz



A final thought:

Legacy is about more than money. It is reflected in the way we live, the people we encourage and the positive difference we make over time.



These resources are here
to help you take the next
step, one topic at a time.

Investment Knowhow.
Christian Values.

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